

Body honouring Song (Isabel Knauf 2020)

A            D

I honour my body

A            D

this home that was given to me (x2)

          A            G        A

Ref: My body reminds me

A        G            A

that the earth needs to heal

A            D        A

I listen to her deeply

A            D            A

to know what she needs to be free (x2)

Ref

A            D        A

earth beauty I see-e-e-e-e

A            D        A

brings me down to my knees (x2)

Ref

A    D            A

I can feel that earth is me

A            D            A

I promise myself to be good to me